



Wilmot District Soccer Club

U12, U14, U17 & U21 Rules

Rule 1:

Teams will play on a full field.
Ball size: 5

Rule 2:

U12 games will consist of two 30-minute halves with a 5 minute break.

U14 games will consist of a two 35-minute halves with a 5 minute break.

U17 games will consist of two 40-minute halves with a 5 minute break.

U21 games will consist of two 45-minute halves with a 5 minute break.

Rule 3:

Team sizes are limited to 18 players dressed to play, although up to 19 can be registered per team.

Rule 4:

Standard team size will be 11 players per side, one of these 11 will be the goalkeeper. If a team does not have 11 players at a game, the following numbers of players may be on the field:

- Teams that show up with 7 players, opposing team can play up to 9
- Teams that show up with 8 players, opposing team can play up to 10
- Teams that show up with 9 players, opposing team can play up to 11
- Teams that show up with 10 players, opposing team can play up to 11
- Tournament play: minimum to play game is 7, opposing team can play up to 11

If a coach is aware of planned absences, they may call up players from a younger WDSC division to a maximum of 16 players per game.

All team officials must be written on the game sheet prior to the game (max of 2 coaches per team and rostered players). Anyone not listed on the game sheet must sit on the opposite side of the field.

Rule 5:

Players must wear shin guards (covered by socks), and soccer cleats.
No jewelry of any kind (earrings, necklaces, bracelets, etc) allowed.

Rule 6:

Players will have fair playing time in all positions. All players shall play at least half of every scheduled game including tournaments. Substitutions will be allowed at the following stoppages of the game:

- on the team's own throw in,
- on any goal kick
- when the opposition is substituting
- at half time
- injury stoppage
- after a goal has been scored

Rule 7: OFFSIDE

Offside rules apply.

Rule 8: THROW INS & CORNER KICKS

Throw ins and corner kicks are allowed.
Foul throw rule is to be enforced.

Rule 9: PASS BACKS

The pass back rule (to the goal keeper) is to be enforced.

Rule 10: Slide Tackles

No slide tackles allowed for the safety & well-being of all players

Rule 11: REFEREES

Calls and decisions made by referees must be respected. Unless continuing to play is deemed unsafe, the only appropriate time to discuss calls with a referee is either at half-time or after the game, with both coaches present.

Rule 12:

All players and coaches should exchange handshakes at end of game.